

A FREE Osteoarthritis Seminar

ADVANCED SURGICAL TREATMENT OPTIONS FOR  
**KNEE AND HIP PAIN**

**Wednesday, March 24, 2010** 7:30 p.m. – 8:30 p.m.

A FREE EDUCATIONAL SEMINAR

San Ramon Regional Medical Center in cooperation with the Arthritis Foundation is presenting a free community seminar on osteoarthritis. Osteoarthritis can hinder our activities. Even the simple act of walking down the street can be painful. Sports injuries, falls or just repetitive motion can cause osteoarthritis and wear out the joints. Orthopedic Surgeon, Ian Stine, M.D., will discuss the causes of arthritis in the knees and hips, and surgical treatment options. Always emphasizing conservative treatments, he will discuss minimally invasive joint-sparing procedures, and innovative joint replacement options. Learn who is a candidate for these surgeries, what to expect, and the recovery process.



**SPEAKER**

**Ian Stine, M.D.**  
*orthopedic surgeon*

**SEMINAR LOCATION**

**San Ramon Regional Medical Center**  
South Conference Room  
South Building  
7777 Norris Canyon Road  
San Ramon, CA 94583



**SAN RAMON**  
REGIONAL MEDICAL CENTER

**Reservation Required**

Call 800.284.2878 or visit [www.OurSanramonHospital.com](http://www.OurSanramonHospital.com)